

Base Menu Spreadsheet

Portion Values

Menu Name: Elementary Breakfast

Include Cost: No

Site:

Report Style: Detailed

Use Alternate Menu Name: No

Wednesday - 01/17/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990126 Cereal Variety & Toast	cereal	1	141	26.25
990061 Fruit Variety	1/2 CUP	1	80	20.45
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			399	78.70
% of Calories				78.9%
Weekly Nutrient Guideline			350 - 500	

Thursday - 01/18/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000650 Pancake Mini Maple	PKG	1	220	37.00
990061 Fruit Variety	1/2 CUP	1	80	20.45
000983 Juice Cup	CUP	1	60	15.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			478	89.45
% of Calories				74.9%
Weekly Nutrient Guideline			350 - 500	

Friday - 01/19/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000616 Dutch Waffle	Funnel Cake	1	335	38.53
990061 Fruit Variety	1/2 CUP	1	80	20.45
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			592	90.99
% of Calories				61.5%
Weekly Nutrient Guideline			350 - 500	

Monday - 01/22/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 Cereal Variety	CEREAL	1	115	22.75

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001161 Elf Graham Choc	PKG	1	120	20.00
990061 Fruit Variety	1/2 CUP	1	80	20.45
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			493	95.20
% of Calories				77.2%
Weekly Nutrient Guideline			350 - 500	

Tuesday - 01/23/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990079 Pizza Bagel	Bagel	1	239	30.00
990061 Fruit Variety	1/2 CUP	1	80	20.45
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			497	82.45
% of Calories				66.4%
Weekly Nutrient Guideline			350 - 500	

Wednesday - 01/24/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
990126 Cereal Variety & Toast	cereal	1	141	26.25
990061 Fruit Variety	1/2 CUP	1	80	20.45
000983 Juice Cup	CUP	1	60	15.00
000489 Milk Variety	CARTON	1	118	17.00
Weighted Daily Average			399	78.70
% of Calories				78.9%
Weekly Nutrient Guideline			350 - 500	

	Cals ¹ (kcal)	Carb (g)
Weighted Averages	476	85.92
% of Calories		72.2%

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Calories	476		350-500	100%				
Carbohydrate	85.92 g	72.2%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.